

Functional Ability Worksheet

PHYSICAL FUNCTIONING: No Limitations

- adaptive equipment use:
- visual and auditory function:
- speech:
- mobility:
- positioning:
- posture:
- endurance:
- balance:
- coordination
- health conditions (e.g., diabetes, obesity):
- eating difficulties:
- pain:

COGNITIVE FUNCTIONING: No Limitations

- awareness:
- attention:
- comprehension:
- memory:
- following directions:
- problem solving:

SOCIAL FUNCTIONING: No Limitations

- material and equipment use:
- acceptance of group roles:
- contribution of thoughts and ideas:
- meaningful interaction with others:
- support of others:
- structure and rule adherence
- acceptance of criticism:
- ability to change subjects:
- anger management:
- conflict resolution:
- self-confidence:
- acceptance of responsibility:
- respect for interpersonal boundaries

LIFE SKILL FUNCTIONING: No Limitations

- appearance and hygiene:
- time management:
- money management:
- shopping:
- meal planning and preparation:
- transportation:
- housekeeping tasks:
- decision making:
- safety awareness:
- reading and writing:
- calculation:
- coping skills:
- communication: