

## CENTRAL CARE POLICY HOW TO USE A NEBULIZER

<b>SUBJECT:</b>	<b>HOW TO USE A NEBULIZER</b>
<b>ANNUAL REVIEW MONTH:</b>	June
<b>RESPONSIBLE FOR REVIEW:</b>	Director of Central Care
<b>LAST REVISION DATE:</b>	August 2010

### **Nebulizer Set Up Instructions:**

1. Plug up nebulizer
2. Open front cover
3. Open Neb Kit
4. Lay out all pieces
  - a. Tubing
  - b. Mouth piece
  - c. T-piece
  - d. Flex Tubing
  - e. Medication chamber

### **Assembling Neb Kit:**

1. Attach tubing to nebulizer
2. Take medication chamber and attach the other end of tubing
3. Take T-piece and place on top of medication chamber
4. Take mouth piece and push into one end of the T-piece
5. Take the flex tubing and place on the other end of the T-piece

### **Placing Medication in Neb Kit:**

1. Un-screw T-piece from medication chamber
2. Pour vial into med chamber
- Or
3. Unscrew the med chamber and pour vial in
4. Re-assemble

### **How to Take Treatment:**

1. Turn on nebulizer.
2. Place lips around mouth piece (tightly)
3. Inhale and exhale through mouth
4. Treatment should last about 7-12 mins.
5. Should consumer start coughing, stop treatment, relax a few minutes then go back to the treatment.

**Cleaning Neb Kit:**

1. Dis-Assemble Neb kit
2. Rinse all pieces under warm water after each use
3. Place on paper towel and let air-dry
4. After last treatment of the day, dis-assemble and place in a small bowl.
5. Fill bowl with water, pour two (2) tablespoons of white vinegar in and let soak for 15-20 mins.
6. Rinse under warm water and let air-dry on paper towel.

**APPROVED:** \_\_\_\_\_ **TITLE:** Director of Central Care **DATE:** \_\_\_\_\_  
George Harris, LCSW